**04 Health policy**

# Alongside associated procedures in 04.1-04.5 Health, this policy was adopted by *Hersden Under 5’s Project* on *3rd October 2023*.

# Aim

Our provision is a suitable, clean, and safe place for children to be cared for, where they can grow and learn. They meet all statutory requirements for promoting health and hygiene and fulfil the criteria for meeting the relevant Early Years Foundation Stage Safeguarding and Welfare requirements.

**Objectives**

We promote health through:

* ensuring emergency and first aid treatment is given where necessary
* identifying allergies and preventing contact with the allergenic substance
* identifying food ingredients that contain recognised allergens and displaying this information for parents
* promoting health through taking necessary steps to prevent the spread of infection and taking appropriate action when children are ill
* promoting healthy lifestyle choices through diet and exercise
* pandemic flu planning or illness outbreak management as per DfE and World Health Organisation (WHO) guidance

**Legal references**

Medicines Act (1968)

Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR)

Control of Substances Hazardous to Health (COSHH) Regulations (2002)

Health and Safety (First Aid) Regulations 1981

Food Information Regulations 2014